

S31 – Toolbox Talk Working at Height – General Rules

The major hazards to consider when working in an elevated position are:

- Falling, and
- Dropping objects onto people below.

When it is necessary to work at height, ensure that any precautions are taken to prevent anyone falling and to prevent anything being dislodged or dropped onto anyone below.

Falls are a common cause of both fatal and serious injuries within our industry. Work at heights is safe providing you use a proper means of access and take the necessary precautions to prevent falling.

- Never climb the structure of the plant
- Never use the bucket of a loading shovel or the forks of a forklift truck as a means of access
- Never work at any place unless there is safe footing, or at any place from which you could fall a distance that could cause harm. Always consider the use of handrails and toeboards, fencing and other equivalent protection. Also, ensure you are wearing a safety harness attached to a suitable anchor point. Remember that you must be trained and authorised to wear any harness
- DO NOT attempt any form of work at height in the vicinity of overhead electricity cables without the written authorisation of your manager
- DO NOT attempt to operate any form of mobile access platforms unless you are trained and have been authorised by the manager to do so
- DO NOT use a 'bosun's chair' suspended from a crane under any circumstances other than the written authorisation of the manager.

ASK FOR ADVICE FROM YOUR SUPERVISOR OR MANAGER IF YOU REQUIRE ACCESS TO A POSITION WHERE THERE IS NO SAFE WORKING PLATFORM.

Training register

Date

Name of attendee

Signature

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